macmon
nac ∎ smartly simple

System requirements

You will need a workstation that connects to a stable
internet connection of at least 25 Mbit downstream.

The minimum computer system requirements

- Intel i5/i7 6th generation and better (or comparable specs)
- 8 GB RAM (optimal 16 GB)
- 50 GB free hard disk space (HDD/SSD) (needed for the 2 virtual machines)
- optional: a secondary LAN interface to connect a hardware switch*
- 2 screens or 1 large screen (needed so that you can do the exercises in your own environment while still following the trainer's shared screen)

* (We can assist with switches from Cisco, HP, Aruba, Netgear and more …
  Details can be discussed on the operational testing call)

Software that will be needed:

- Windows 10 (untested but also ok: Windows 7 / 8 / MacOS 10.X)
- A remote desktop connection app to connect with the virtual machine
- GoToMeeting app[2]
- VirtualBox (Ver. 6.1.4)[2]

[2] (Download links are being provided)

Audio/video setup

- Needed is a headset or hands-free set or speakers with a microphone (on the computer or cell phone)
- A webcam – (a video feed is needed to be able to better read one another and improve the virtual training room's atmosphere)

Excerpt from "Instructions training - setup"